



# Conference 2018

Connecting our health care together

1-2 September 2018

Pre-conference professional development workshop

31 August 2018 | MECC | Mackay, Qld

## Connecting for Youth: Health Forum

Northern Queensland Primary Health Network (NQPHN) invites all youth workers, primary care providers, and other clinicians working in the youth space to a full day pre-conference youth forum. The youth forum will provide delegates with the opportunity to hear from industry leaders and to participate in interactive discussions.

Registrations are free of charge as part of NQPHN's commitment to youth health.

### Learning outcomes:

- increase knowledge and understanding of youth issues
- increase knowledge and access to youth services
- increase awareness of factors that impact youth wellbeing
- integrate and connect youth service providers.

### Speakers:

**Donna Pini**  
Youth Sexual Health  
Nurse Practitioner  
Mackay Sexual Health Unit

**Garry Batt**  
Youth Alcohol and other Drugs Misuse  
Dual Diagnosis Mental Health Nurse

**Jade Phillips**  
AoD Social Worker  
Dovetail

**Phil Ihme**  
Senior Director, Mental  
Health, Northern Australia  
Primary Health Limited

**Craig Hodges**  
Youth Mental Health  
Orygen National Mental  
Health Program

**Dr Anne Butcher**  
Relationship Violence  
Director Mackay  
Women's Centre

**Kirsten Seymour**  
Centre Manager  
Headspace Townsville

### Date

Friday 31 August 2018

### Time

8am-4pm

### Venue

Mackay Entertainment &  
Convention Centre (MECC)

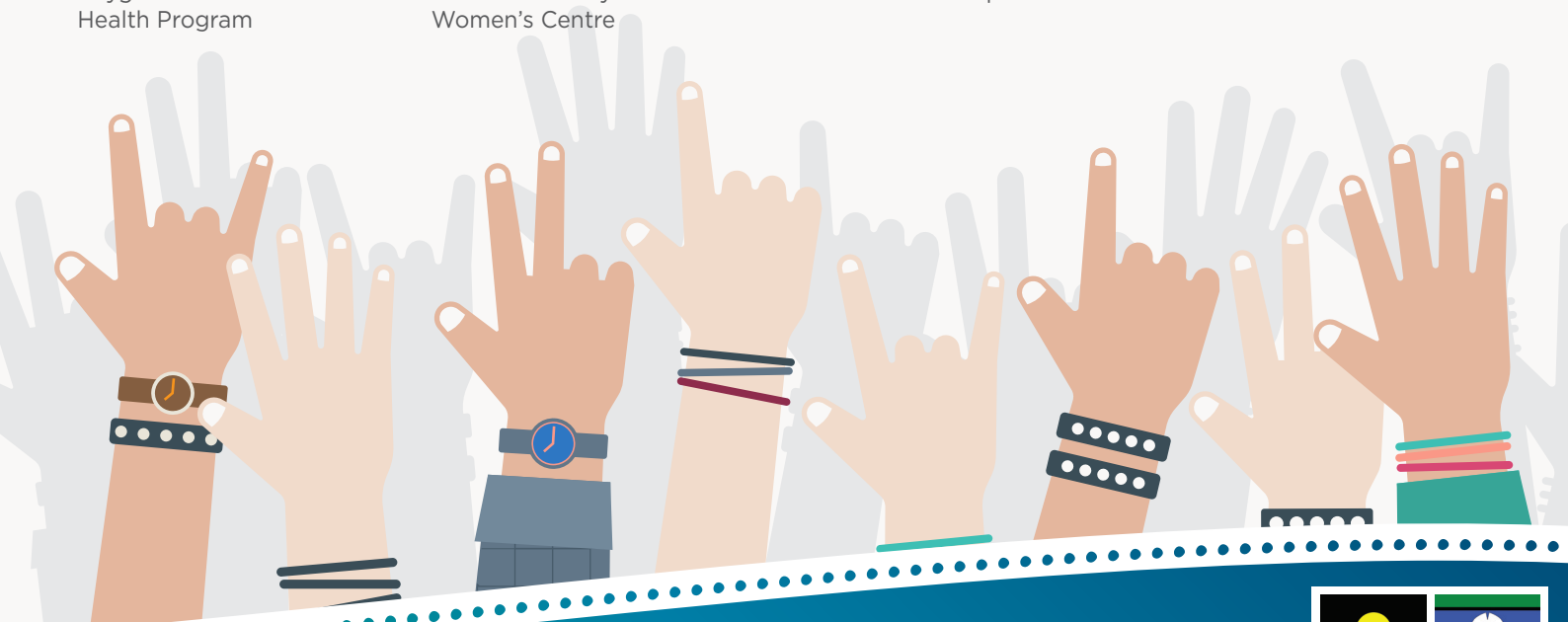
*Room: Hall B*

Alfred St, Mackay Qld 4740

### Register

[www.surveymonkey.com/r/  
PCYouthHealthForum2018](http://www.surveymonkey.com/r/PCYouthHealthForum2018)

All catering will be provided.





## Forum outline

Connecting for Youth: Health Forum		
8am-8.30am	Coffee and networking	
8.30am-9am	Welcome and acknowledgement to country	<b>Speaker: Sandi Winner</b> <i>Project Manager, Health Systems and Performance Team, NQPHN</i> > <a href="http://www.primaryhealth.com.au">www.primaryhealth.com.au</a>
Sexual health		
9am-10am	<b>Session 1:</b> Sexual health	<b>Speaker: Donna Pini</b> <i>Nurse Practitioner, Queensland Health, Sexual Health &amp; Assault Service</i> > <a href="http://www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/sexual-health-assault-service">www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/sexual-health-assault-service</a>
10am-10.15am	Q & A	<b>Speaker: Donna Pini</b>
10.15am-10.30am	Morning tea	
Mental health		
10.30am-11am	<b>Session 2:</b> Young people and trauma	<b>Speaker: Craig Hodges</b> <i>Director National Programs, Orygen</i> > <a href="http://www.orygen.org.au/About/Our-People/Leaders/Craig-Hodges">www.orygen.org.au/About/Our-People/Leaders/Craig-Hodges</a>
11am-11.30am	<b>Session 3:</b> Mental health prevention and early intervention	<b>Speaker: Kirsten Seymour</b> <i>Centre Manager, Headspace Townsville</i>
		<b>Speaker: Phil Ihme</b> <i>Senior Director, Mental Health, Northern Australia Primary Health Limited</i> > <a href="http://www.headspace.org.au/headspace-centres/townsville">www.headspace.org.au/headspace-centres/townsville</a>
11.30am-11.45am	Q & A	<b>Speakers: Craig Hodges, Kirsten Seymour, and Phil Ihme</b>
11.45am-12.30pm	Lunch	
Alcohol and other drugs		
12.30pm-1pm	<b>Session 4:</b> Young people and drugs: Recent trends and effective approaches to treatment	<b>Speaker: Jade Phillips</b> <i>AoD Social Worker, Dovetail</i> > <a href="http://www.dovetail.org.au/about-us/project-team.aspx">www.dovetail.org.au/about-us/project-team.aspx</a>
1pm-1.30pm	<b>Session 5:</b> Dual diagnosis	<b>Speaker: Garry Batt</b> <b>Dual Diagnosis Coordinator</b> , Mackay Hospital and Health Service, Division of Mental Health and AODS > <a href="http://www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/mental-health">www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/mental-health</a>
1.30pm-1.45pm	Q & A	<b>Speaker: Jade Phillips &amp; Garry Batt</b>
1.45pm-2pm	Afternoon tea	
Relationship violence		
2pm-3pm	<b>Session 6:</b> Overcoming trauma of DFV for children and young people—an innovative approach!	<b>Speaker: Dr Anne Butcher</b> <i>Executive Director, Mackay Women's Centre</i> > <a href="http://www.mackaywomenscentre.org.au">www.mackaywomenscentre.org.au</a>
3pm-3.15pm	Q & A	<b>Speaker: Dr Anne Butcher</b>
3.15pm-4pm	Youth Forum close	<b>Speaker: Sandi Winner</b>