



# Conference 2018

Connecting our health care together

1-2 September 2018

Pre-conference professional development workshop

31 August 2018 | MECC | Mackay, Qld

## Connecting for Youth: Health Forum

Northern Queensland Primary Health Network (NQPHN) invites all youth workers, primary care providers, and other clinicians working in the youth space to a full day pre-conference youth forum. The youth forum will provide delegates with the opportunity to hear from industry leaders and to participate in interactive discussions.

Registrations are free of charge as part of NQPHN's commitment to youth health.

### Learning outcomes:

- increase knowledge and understanding of youth issues
- increase knowledge and access to youth services
- increase awareness of factors that impact youth wellbeing
- integrate and connect youth service providers.

### Speakers:

**Dr Ian Anderson**  
Sexual Health Registrar  
Cairns Sexual Health Service

**Garry Batt**  
Youth Alcohol and other Drugs Misuse  
Dual Diagnosis Mental Health Nurse

**Jade Phillips**  
AoD Social Worker  
Dovetail

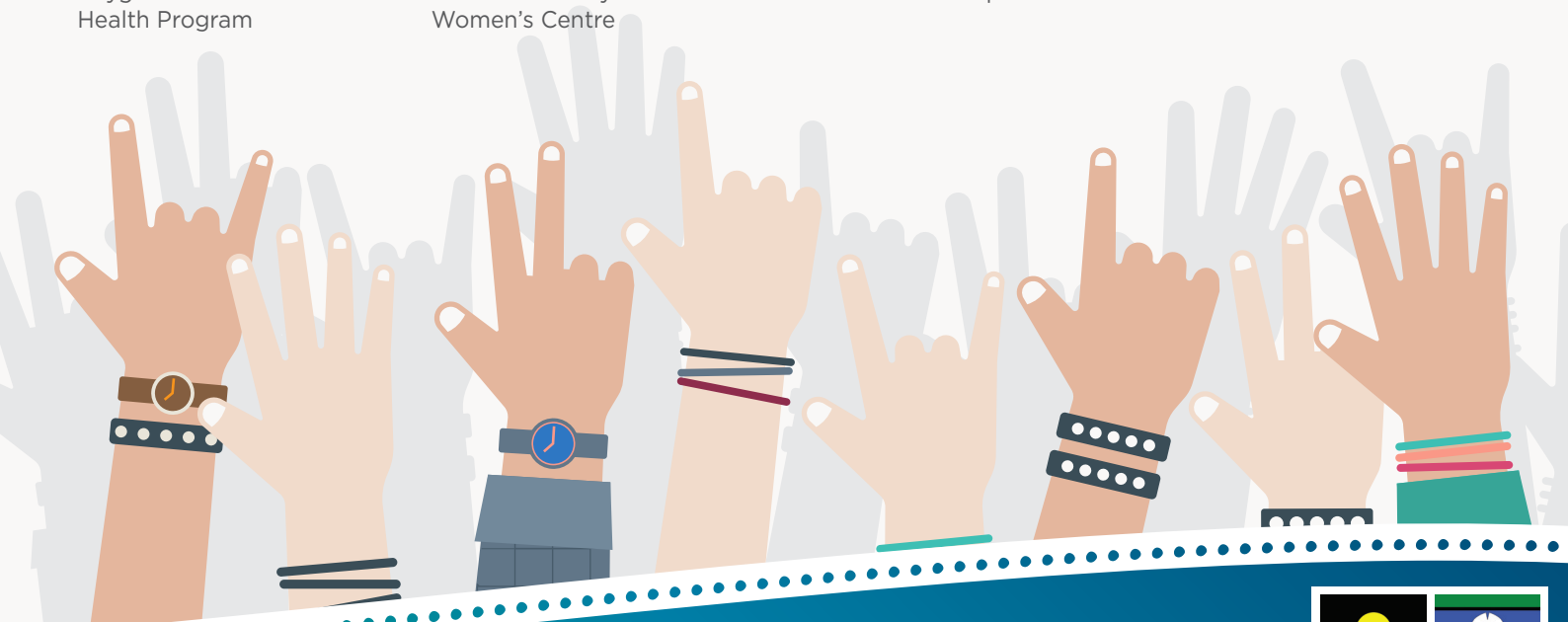
**Phil Ihme**  
Senior Director, Mental  
Health, Northern Australia  
Primary Health Limited

**Craig Hodges**  
Youth Mental Health  
Orygen National Mental  
Health Program

**Dr Anne Butcher**  
Relationship Violence  
Director Mackay  
Women's Centre

**Kirsten Seymour**  
Centre Manager  
Hesperi Health

<b>Date</b> Friday 31 August 2018
<b>Time</b> 8am-4pm
<b>Venue</b> Mackay Entertainment & Convention Centre (MECC)  <i>Room: Hall B</i>  Alfred St, Mackay Qld 4740
<b>Register</b> <a href="http://www.surveymonkey.com/r/PCYouthHealthForum2018">www.surveymonkey.com/r/PCYouthHealthForum2018</a>
All catering will be provided.



## Forum outline

Connecting for Youth: Health Forum			
8am–8.45am	Coffee and networking		
8.45am–9am	Welcome and acknowledgment to country	<b>Speaker: Sandi Winner</b> <i>Project Manager, Health Systems and Performance Team, NQPHN</i> > <a href="http://www.nqphn.com.au">www.nqphn.com.au</a>	
Mental health			
9am–9.30am	<b>Session 1:</b> Young people and trauma	<b>Speaker: Craig Hodges</b> <i>Director National Programs, Orygen</i> > <a href="http://www.orygen.org.au/About/Our-People/Leaders/Craig-Hodges">www.orygen.org.au/About/Our-People/Leaders/Craig-Hodges</a>	
9.30am–10am	<b>Session 2:</b> Mental health prevention and early intervention	<b>Speaker: Kirsten Seymour</b> <i>Centre Manager, Headspace Townsville</i>	<b>Speaker: Phil Ihme</b> <i>Senior Director, Mental Health, Northern Australia Primary Health Limited</i>
		> <a href="http://www.headspace.org.au/headspace-centres/townsville">www.headspace.org.au/headspace-centres/townsville</a>	
10am–10.15am	Q & A	<b>Speakers: Craig Hodges, Kirsten Seymour, and Phil Ihme</b>	
10.15am–10.30am	<b>Morning tea</b>		
Alcohol and other drugs			
10.30am–11am	<b>Session 3:</b> Young people and drugs: Recent trends and effective approaches to treatment	<b>Speaker: Jade Phillips</b> <i>AoD Social Worker, Dovetail</i> > <a href="http://www.dovetail.org.au/about-us/project-team.aspx">www.dovetail.org.au/about-us/project-team.aspx</a>	
11am–11.30am	<b>Session 4:</b> Dual diagnosis	<b>Speaker: Garry Batt</b> <b>Dual Diagnosis Coordinator</b> , Mackay Hospital and Health Service, Division of Mental Health and AODS > <a href="http://www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/mental-health">www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/mental-health</a>	
11.30am–11.45am	Q & A	<b>Speaker: Jade Phillips &amp; Garry Batt</b>	
11.45am–12.30pm	<b>Lunch</b>		
Sexual health			
12.30pm–1.30pm	<b>Session 5:</b> Sexual health	<b>Speaker: Dr Ian Anderson</b> <i>Sexual Health Registrar, Cairns Sexual Health Service</i> > <a href="http://www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/sexual-health-assault-service">www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/sexual-health-assault-service</a>	
1.30pm–1.45pm	Q & A	<b>Speaker: Dr Ian Anderson</b>	
Relationship violence			
1.45pm–2.45pm	<b>Session 6:</b> Overcoming trauma of DFV for children and young people—an innovative approach!	<b>Speaker: Dr Anne Butcher</b> <i>Executive Director, Mackay Women's Centre</i> > <a href="http://www.mackaywomenscentre.org.au">www.mackaywomenscentre.org.au</a>	
2.45pm–3pm	Q & A	<b>Speaker: Dr Anne Butcher</b>	
3pm–3.15pm	<b>Afternoon tea</b>		
3.15pm–4pm	Youth Forum close	<b>Speaker: Sandi Winner</b>	